



SUNDARIJAL HIKING EXCURSION

NEPAL

DAY 01



After breakfast – start on your Sundarijal hiking excursion.

The excursion begins with a drive to the open-air Budhanilkantha temple, the sacred site of sleeping Hindu deity (Bishnu), resting upon a bed of serpents. From there walk up-hill about 3km to the Nagi Gumpa, the Buddhist Nunnery for amazing views of the Kathmandu valley. From the Gumpa, trek along an uphill trail to reach Shivapuri Peak (2563 m). The hike takes you through Shivapuri Conservation Area. The trek ends after a downhill hike to Sundarijal village.

Sundarijal, meaning “beautiful water”, is named after the Hindu goddess Sundarimai.

Overnight camping at Sundarijal. (Meal–Breakfast)

DAY 02



After breakfast – Hike back to Kathmandu (1 hour drive from Sundarijal).

The Sundarijal Hiking grade is “easy”, of about 5-6 hours duration.

The hike offers you the opportunity to bird watch, see gushing waterfalls and streams along the way, see diverse species of flora and fauna endemic to the mountain region, and enjoy memorable moments like the sun rise over Mt. Everest from the Nagarkot view-point or views of the valley from above. (Meal-Breakfast)

The excursion concludes.

INCLUSIONS

- 01 night stay at overnight camp.
- Accommodation on sharing basis.
- All transfers and sightseeing by vehicle.
- Entrance fees to monuments as per itinerary.
- Services of an English speaking guide as per the itinerary.
- Representative for assistance on all arrival and departure transfers.
- All currently applicable taxes.

ITEMS EXCLUDED

- Any personal expenses such as tips, laundry and drinks.
- Any extra meals (other than those specifically laid down).
- Personal Travel Insurance, Visa etc.
- Camera fees (both still and video).
- International flight tickets.
- Miscellaneous.

